

I KICK MY FEET

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Learning Expectations

The Full Day Early Learning - Kindergarten Program, Ontario Ministry of Education 2011

Social Development

1.1 act and talk with peers and adults by expressing and accepting positive messages

Emotional Development

- 1.1 recognize personal interests, strengths, and accomplishments
- 2.2 demonstrate a willingness to try new activities
- 2.3 demonstrate self-motivation, initiative, and confidence in their approach to learning

Mathematics

- G3.6 demonstrate an understanding of basic spatial relationships and movements
- P4.1 identify, create, reproduce, and extend repeating patterns

Health and Physical Activity

- 2.1 participate actively in creative movement
- 2.2 demonstrate persistence while engaged in activities that require both large and small muscles
- 3.1 demonstrate spatial awareness in activities that require the use of large muscles
- 3.2 begin to demonstrate control of large muscles with and without equipment
- 3.3 begin to demonstrate balance, whole body and hand-eye coordination, and flexibility in movement

The Arts

- D2.1 explore different elements of drama and dance
- D3.1 use problem-solving skills and their imagination to create drama and dance
- D4.1 express their responses to drama and dance by moving, making connections to own experiences
- M2.2 explore different elements (e.g., beat, sound quality, speed, volume) of music
- M3.1 use problem-solving skills and their imagination to create music
- M4.1 express their responses to music by moving, by making connections to their own experiences
- M5.1 communicate their ideas about something through sounds, rhythms and music

Lesson Plans

Before Teaching the Song

As a class make a list of all the things that legs do. The chart can be entitled "What Legs Do". Examples can be bending, jumping and kicking. On cards have the action with the pictures. Make centers around the classroom. In small groups, have the students go to one center at a time. Have each group read the card and study the picture. Using the instrumental track of "I Kick My Feet", have the students perform the action for thirty seconds. Have the students rotate among the centers giving thirty seconds of action time with the instrumental track.

After Teaching the Song

Substitute the words and actions of the song so that the class has new lyrics for each verse. You may use actions for different parts of the body (eg. I clap my hands, eg. I blink my eyes). The new songs can now be sung with the instrumental track on the album.

